

"I do believe there is life outside our planet and I'm just trying to help unravel the mystery."

**S**OUULA Vaitsis has a rare and special power that most people would not want. She sees "dark things". It's a gift she's had since she was a child. Vaitsis had her first experience when she was seven playing with her cousin at a park in Richmond. She says she suddenly sensed they weren't alone.

"My cousin was playing on a swing and felt her ponytail being pulled. She blamed me but I hadn't done it. Then we both felt ourselves being pushed on the swings, faster and higher, and my hair was being pulled. But neither of us were moving the swings and my cousin hadn't touched my hair," Vaitsis, 45, says.

"We both got scared, jumped off the swings and ran. But when I looked back, I saw a woman standing about a metre off the ground. She wore a white raggedy dress and had long black hair and black eyes with black smudges around them and she was holding her hands out to us. It was a horrific experience and I've never forgotten that image."

Vaitsis says there are more happenings than most of us realise—in the city, suburbs and Melbourne fringes. From ghostly visions, people hearing hostile voices when nobody is home and unwelcome spirits becoming "attached" to the living, she's seen them all.

By day, Vaitsis, from Melbourne's southeastern suburbs, is a state sales manager but much of her spare time is devoted to running Paranormal Adventures Australia, an organisation that helps people experiencing strange and often hostile and unsettling phenomena.

She is currently supporting a Melbourne man who is being stalked by a demonic being.

"yowie", a tall, ape-like creature that allegedly lives in Australian forests. Yowie sightings have been reported across the country.

She is currently investigating the case of a Melbourne man who has experienced a series of unusual occurrences since childhood, each of them potentially linked to UFO or extraterrestrial activity and contact.

"He sometimes wakes and has unusual bruises, some of them triangular with dots, and he doesn't know where they come from," Bok says. "He's concerned because his children have begun experiencing similar things."

"As a child himself, he recalls a memory of being in a camp and being woken by strange men who talked to him about aliens.

walked, they saw lights moving between the trees ahead of them. The whole area lit up. They described it as if the area was on fire because it became so bright. Then they saw a craft go down into the water and rise again and then quickly vanish.

"At this point they began to hear heavy footsteps behind them and heavy breathing. They said the breathing sounded like something with big lungs. They were getting quite scared by then and began walking faster and faster. But something that had been walking behind them then walked past them. They described it as big and looking like an ape. It never touched them and disappeared."

Bok says the description matches that of a

Blood tests and mental health checks have cleared him of any recognisable physical or mental illness, and Vaitsis has spent months helping him battle the entity.

"He initially saw this demonic spirit that stands about a metre tall and is reptilian in appearance. He'd see it crouched around the house and then, one day in his garage, it jumped him. He began getting sick and weak. He lost his sense of smell and found it hard to sleep. His wife said he once had lots of friends but he's become withdrawn and emotionally blank," Vaitsis explains.

"He visited me in my office and I asked this being, 'What is your name?' I saw the man's face morph in front of me as the being took over. It stared at me because it knew I was

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talking directly to 'it'. But it wouldn't tell me its name. So I've provoked it in various ways, using Biblical verses to get a reaction, and it growls and tells me to shut up and get out. The man himself isn't vocalising at all.

"After one session, as the man left my office, I gave him a rosary and he put it securely in his pocket. That same night I felt I was being choked as I tried to sleep and when I walked into my office the next morning, the cross that had been on the rosary I gave to that man was in the middle of the floor. I called his wife and asked her to check her husband's rosary and the cross was no longer there..."

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